



## December 2025: Disease Prevention and Treatment

### District Events

December 1, 2025  
[Global Grants and International Projects Team](#)

December 2, 2025  
[District Governor's Fireside Chat](#)

December 11, 2025  
[Rotary International President's Conference](#)

December 11, 2025  
[District 5230 Membership Committee Meeting](#)

February 7, 2026  
[Central Valley Interact Conference](#)

March 6 - 8, 2026  
[Far West President Elect Learning Seminar](#)

May 1 - 3, 2026  
[Far West Fest: Five-District Conference](#)

**We love content!** To submit an event or article, please send to [editor5230@gmail.com](mailto:editor5230@gmail.com) by the 20th of the month for publication the following month.

**Editorial guidelines:** to respect to our ancient software and your time-challenged editor, please send article text in the body of an email, not in Word, Pages or other word processing programs. Do not use bold, italics, emojis or bullets. Include a high-resolution photo of yourself, and photos

### Rotary in Action - Turning the Wheel Towards Wellness



*Brinet Mullen Greenlee*  
*District Governor*

This month Rotary International shines a spotlight on one of its most impactful areas of focus: *Disease Prevention and Treatment*. This theme reminds us that healthy communities are the foundation of thriving societies—and that Rotarians play a vital role in expanding access to care, improving health education, and strengthening medical infrastructure around the world. From supporting local health clinics to promoting mental wellness, providing clean water, sponsoring vaccination campaigns, and training community health workers, Rotary clubs confront the complex causes of disease from every angle. Our work emphasizes not just treating illness, but preventing it—reducing suffering before it begins.

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### A Little Rotary Magic in Albuquerque



*Belinda Daguio*  
*Polio Plus Chair*

It never ceases to amaze me—the people you meet through Rotary, the places you end up, the things you get to do. Recently, I packed my bags and headed to the Zone Institute in Albuquerque, New Mexico, and wow... What a roller coaster of a trip!

First: yes, I did the balloon ride. Yes, it was spectacular. Floating up there was so serene. In between floating over the desert and exploring everything Albuquerque has to offer, I actually learned a ton. (Who knew education and adventure could team up so well?)

But the real magic? The people.

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### Our District Polio Warrior Receives an Award for Leading the Fight

Belinda Daguio, Rotary District 5230's Polio Plus/Polio Society Chair, won an Honoree Award at the Monterey County 2025 Philanthropy Day ceremony hosted by the Association of Fundraising Professionals on November 14, 2025. Belinda is an end polio warrior! She has been a true champion for Rotary's mission, rallying the troops for polio awareness, organizing community walks, and helping raise over one million dollars in her role. Her dedication, leadership, and tireless commitment to service has made a tremendous impact across our District and beyond.

Please join us in congratulating Belinda on this well-deserved recognition!

for the article. Thanks!



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## Bringing Hope to Prostate Cancer Patients in Jalisco, Mexico



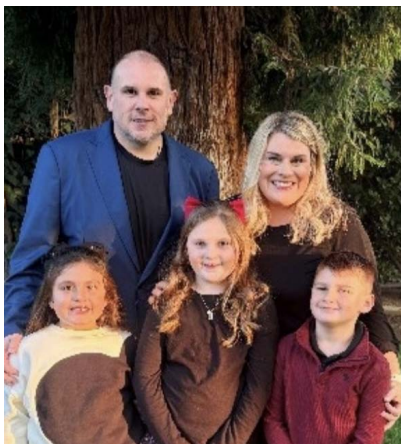
*Ana Carretero*  
*Assistant Governor, Area 7*

December is Rotary's Disease Prevention and Treatment Month, a time to highlight projects that bring healing and dignity to communities. This year, five Rotary clubs — Lindsay Foothill, Salinas Camino Real, Guadalajara AC, North Fresno, and King City — joined together to provide a \$63,000 prostate enucleation laser to El Antiguo Hospital Civil de Guadalajara Fray Antonio Alcalde.

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## Nick Grim Is Selected to Lead as District 5230's 2028-29 Governor



*Brinet Greenlee*  
*District Governor*

I am pleased to announce Nicholas "Nick" Grim as our District 5230 Governor for the 2028-29 Rotary year. Nick was selected for this role through a thoughtful and collaborative process conducted by a panel representing all ten areas within our District, along with three past district governors. Nick will complete this Rotary year as the District Governor-Designate, become the District Governor-Nominee in 2026-27, then step into the role of District Governor-Elect in 2027-28 before taking the helm in 2028-29.

Nick is driven by a vision of legacy, and his goal is to leave a legacy of service for the next generation. Married to his wife Angela for 12 years, with three children—Nora, Nolan, and Natalie, affectionately called "The Grimlins"—he is passionate about instilling in them the values of volunteerism and service. Whether leading a marketing campaign, chairing a Rotary committee, or mentoring future leaders, Nick embodies the principle that true success lies in uplifting others and building communities that thrive. To learn more about Nick's impressive Rotary journey and leadership experience, click the [Read More](#) link for Nick's full bio. A heartfelt thank you to Immediate Past District Governor, Michael Rabara, for guiding the selection process, and to every candidate who interviewed, your dedication and embodiment of Service Above Self continues to strengthen our District. Please join me in congratulating Nick on this exciting achievement and future leadership role!

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## Interact Students Gathered in Salinas to Learn and Collaborate

*Lina Contreras*  
*Interact Chair*

Last month, the Monterey County Rotary District 5230 Interact Conference, at Salinas High School on November 9, proved to be an extraordinary experience. This dynamic event showcased versatility and innovation, featuring inspiring keynote speeches and passionate discussions. It was truly remarkable to witness numerous young leaders coming together, sharing their visions for the future, and igniting a spark of positive change within their



communities.

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## Help Your Interact Club Join the District Speech Contest



*Rob Slawinski*  
*Carmel By-The-Sea Rotary Club*

The Carmel Rotary Club will host the 2026 Interact Speech Contest at the Carmel Foundation on Saturday, March 28 beginning at 10:00 am. Each Club within our District is encouraged to send one High School student from their Interact Club to compete for a Top Interact District Award for this competition. Last year's speech contest received several positive comments from high school students about the overall experience. Prize money of \$500 was awarded to the winner and \$100 to the top four finalists.

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## Jumping Into Camp ROYAL 2026: June 7–12, Sequoia Lake



*Nic Giannandrea*  
*RYLA - Camp ROYAL Director*

As always, I am emphasizing early communication with schools and clubs to ensure there is enough time to connect, plan, get applicants, have interviews etc.. Thank you to all clubs that have already reached out to their sponsored high schools—your early efforts make a tremendous difference in the club's ability to find students for Camp.

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## 'Tis The Season for Reading and Rotary Service



*Genevieve Armendariz*  
*Education and Literacy Chair*

As the holidays draw near and our communities begin to slow into the warmth of the season, I find myself reflecting on the quiet beauty of literacy. Not as an academic skill, but as a source of comfort, imagination, belonging, and hope. This is the time of year when stories matter most. They bring families together, spark childhood wonder, and offer moments of peace in a world that often moves too fast.

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## Our Rotary Journey of Learning, Vision, and Connection



*Susan Winey*  
*District Governor-Elect*

Attending the Governor-Elect Leadership Seminar was one of the most energizing and affirming experiences of my Rotary journey. It wasn't just a training — it was a moment of clarity about who we are as Rotary leaders and what we are capable of when we work together with purpose and heart. One of the highlights was the opportunity to meet Rotary International President-Elect Yinka Babalola (pictured with me here) and RI President-Nominee Larry Lunsford. Hearing directly from these global leaders brought Rotary's vision to life. Their humility, clarity, and commitment to Rotary's Action Plan reminded me that leadership at every level — from club to zone to world — begins with relationships and a shared belief in lasting change.

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## Council on Legislation Allows Rotary to Continuously Improve



*Debbie Hale*  
*Past District Governor*

How does Rotary - an organization that is over 120 years old - change with the times? One of the ways it does so is by reviewing its governing documents every three years as the Council on Legislation and annually considering proposed resolutions online as the Council on Resolutions.

Our clubs just voted to select two distinguished past district governors to serve as our District representative and alternate to the 2026, 2027 and 2028 Councils on Resolutions and the 2028 Council on Legislation: Michael Rabara (representative) and Becky Moser (alternate).

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## Call for Resolutions to Amend Our District Policies



*Becky Moser, PDG*  
*District Resolutions Committee Chair*

Each year, we have the opportunity to update our District policies. Policies cover a range of issues, including: District Organization, Per Capita Contributions, Board of Directors composition, Committee requirements, Youth Programs, Standards of Conduct, and Adult and Youth Harassment Prevention. Proposals for policy changes will be accepted by District Governor Brinet Greenlee until midnight, December 19, 2025. Keep reading for more information, including the What, When, Who, and How of the process.

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## Endowments: You've Got to Love Them!

*Bruce Mackey, PDG*  
*Foundation Chair*

For more than a century, The Rotary Foundation has empowered clubs, districts, and individual Rotarians to create lasting change—locally and globally. From eradicating polio to bringing clean water to communities in need, Rotary's impact has been built on generosity, foresight, and a



commitment to service above self. One of the most meaningful ways a Rotarian can ensure that this legacy continues is by establishing an endowment gift to The Rotary Foundation. An endowment is not only a powerful philanthropic gesture but also a strategic financial decision that benefits the donor, their Rotary club, their district, and the entire Rotary world well into the future.

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## Visalia County Center Reaches \$1M in Rotary Foundation Donations



*Samantha Rummage-Mathias  
Past President, Visalia County Center Rotary Club*

The Visalia County Center Rotary Club has officially reached a monumental milestone—\$1 million in lifetime donations to The Rotary Foundation! Since its inception in 1978, the club has blended generosity with creativity, turning fundraising into a joyful tradition of community, competition, and camaraderie.

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## Improving Collaboration on Our International Projects



*Debbie Hale, PDG  
International Service Chair*

When I was invited to attend a workshop with the other District International Service Chairs in Rotary Zones 26 and 27, I was thrilled. Not because, as my husband would say, I will attend any meeting of three or more Rotarians within driving (or flying) distance. But rather, because I am on a mission: to improve collaboration among Rotary service projects within the same country. My motivation comes from a nagging suspicion that Rotary clubs are doing a lot of service projects in the small but needy country of Guatemala, but they have no idea where or what the other Rotarians are doing there. My goal is to find out, so we can coordinate activities and increase our impact.

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## Join Us at the Far West Fest - Register Now to Save

Dear Fellow Rotarians,

I am delighted to invite you to join me this May for a truly special celebration of Rotary service, fellowship, and inspiration—our Far West Fest Rotary District Conference, uniting five districts for one unforgettable weekend at the Grand Sierra Resort in Reno, Nevada. This year's conference is more than a gathering; it is a rare opportunity to come together as a larger Rotary family, sharing the spirit and energy of a mini-Rotary International Convention right here at home. With Rotarians from across our region joining in one place, you'll experience the joy of reconnecting with old

# Stuff Your Stocking . . .



with a **\$\$\$-saving offer:**

Register at least 30 days in advance to take advantage of the special early-bird District Conference discount rate.

Then join us at the **FAR WEST FEST MULTI-DISTRICT CONFERENCE**

**May 1-3, 2026**

Grand Sierra Resort, Reno, where Rotarians from five Districts will

**UNITE FOR GOOD** and make a positive impact together!

**REGISTER NOW** at [district5190.org/events/far-west-fest-2026-conference-registration/](https://district5190.org/events/far-west-fest-2026-conference-registration/) or scan the QR code on the right.



friends, meeting new ones, and discovering fresh ideas that can energize your club and deepen your impact.

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## Why Rotary Membership Matters During the Holidays



*Becky Moser, PDG  
Membership Chair*

Being a Rotary member during the holidays is important because it connects us with our community of service-minded people, amplifies your ability to give back, and provides fellowship during a season that emphasizes generosity and togetherness. Rotary not only provides holiday service opportunities with friendship and fellowship, but it also helps build citizenship in the community, personal growth and leadership development, and professional networking with purpose during this important time of year.

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## Club and District Events



Looking for three or more Rotarians to have fun with — like these Monterey Bay Passport Rotarians and friends on bowling night? Here are some upcoming events:

- December 2: Fireside Chat with the District Governor
- December 11: Rotary Commemorates the United Nations turning 80, San Francisco
- January 29: A Wonderfully Wicked Evening with Jeff Atmajian, North Fresno & Cultural Arts Rotary Clubs
- February 5: Cioppino Dinner, 6:00 pm, Pardini's; East Fresno Rotary Club
- March 6 - 8, 2026: [Far West President-Elect Learning Session](#), San Jose Doubletree
- May 1-3, 2026: [Far West Fest](#): 5-District Conference, Reno

To publicize your Rotary event, send a flyer that includes the event name, date, time, location, your club name, and where to sign up (or buy tickets) to [editor5230@gmail.com](mailto:editor5230@gmail.com) by the 20th of the month. It will be published in the following month's newsletter—it's that simple.

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